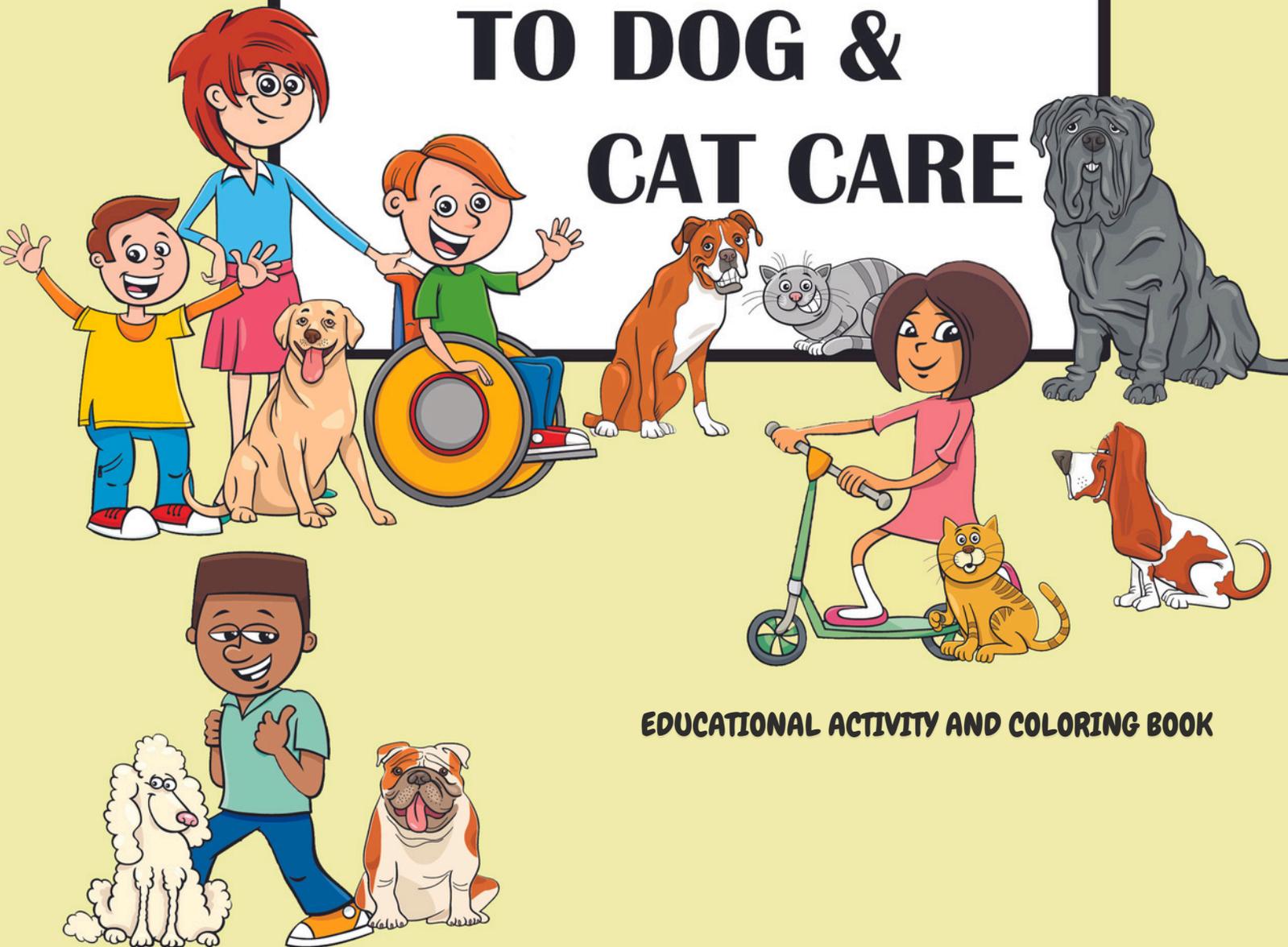




# A KID'S GUIDE TO DOG & CAT CARE



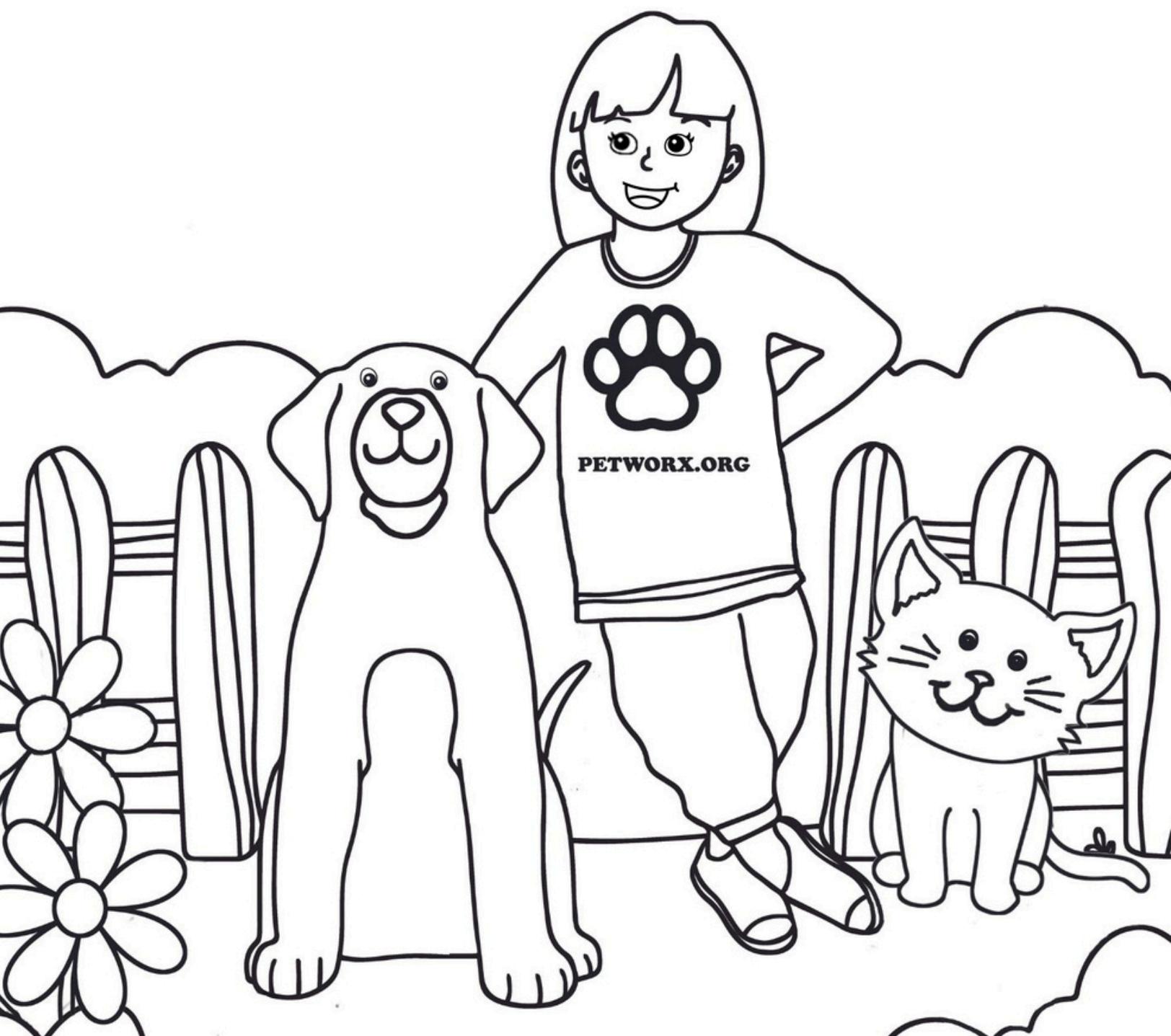
**EDUCATIONAL ACTIVITY AND COLORING BOOK**



**TEACHING TOMORROW'S PET HEROES, TODAY!**



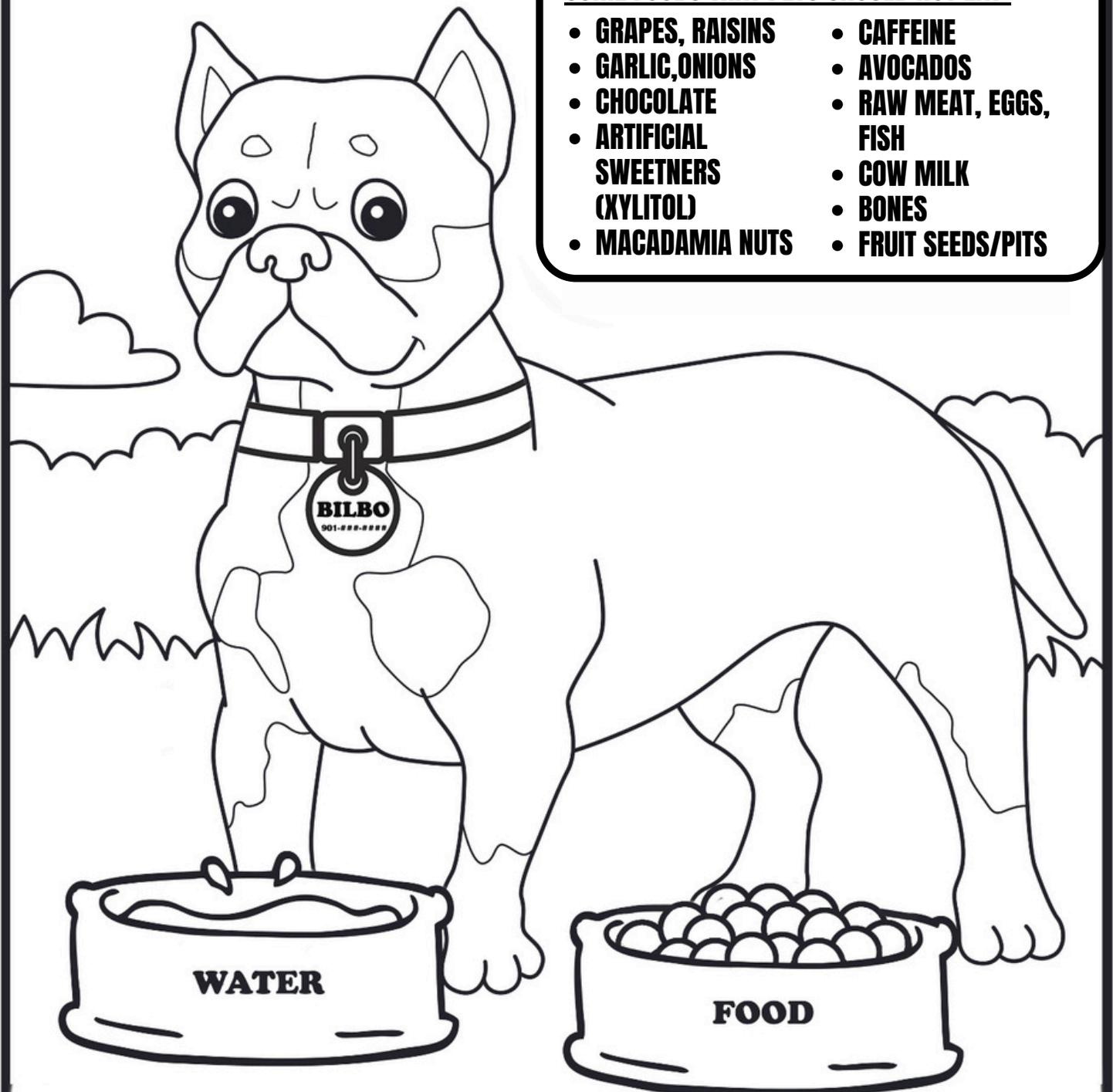
Dogs and cats can be great pets.  
If you have a pet, there are important  
things they need every day:  
food, water, a cozy place to sleep,  
exercise, a place to potty, and most  
importantly, love!



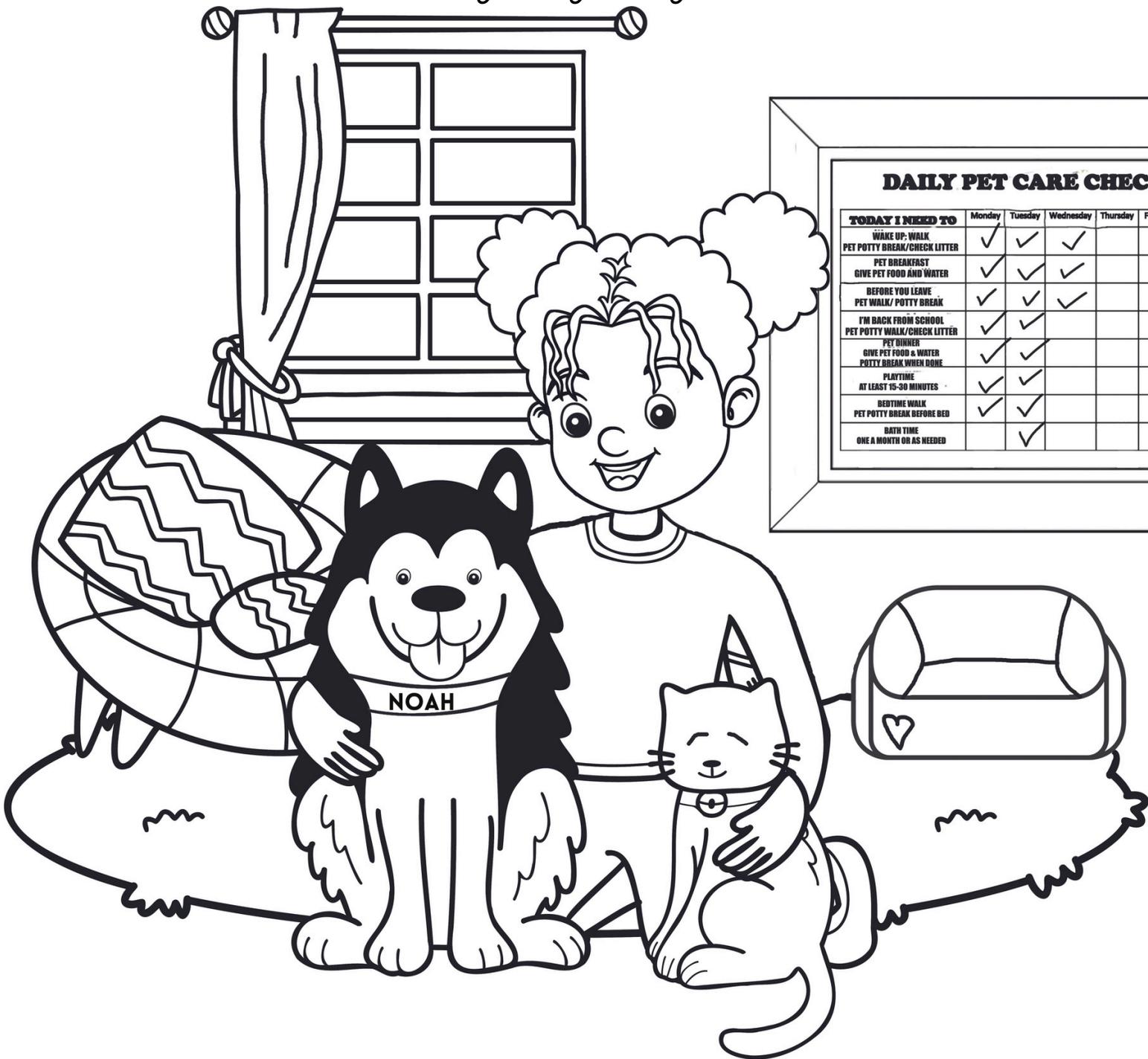
Feed your pet every day and give them fresh, clean water! They need to eat enough food to stay strong. Cats should only eat cat food and dogs should only eat dog food. Did you know that there are foods that pets should never eat?

**SOME FOODS THAT PETS SHOULD NOT EAT-**

- GRAPES, RAISINS
- GARLIC, ONIONS
- CHOCOLATE
- ARTIFICIAL SWEETNERS (XYLITOL)
- MACADAMIA NUTS
- CAFFEINE
- AVOCADOS
- RAW MEAT, EGGS, FISH
- COW MILK
- BONES
- FRUIT SEEDS/PITS



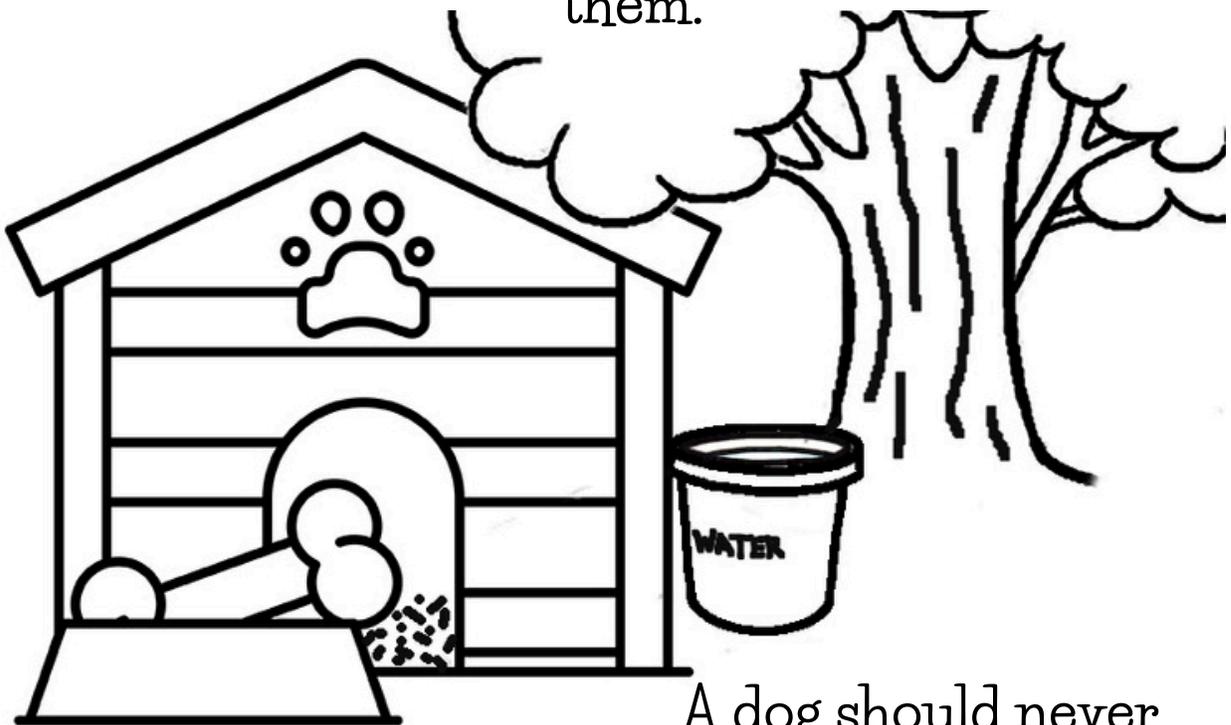
Pets need shelter, just like us!  
 They should be treated as part of the family so  
 the best and safest shelter is in your home.  
 If they must live outside, give them a strong  
 fence, a comfy house with dry straw, food,  
 water, and playtime each day.  
 They rely on you!



**DAILY PET CARE CHECK**

TODAY I NEED TO	Monday	Tuesday	Wednesday	Thursday	Friday
WAKE UP: WALK	✓	✓	✓		
PET POTTY BREAK/CHECK LITTER	✓	✓	✓		
PET BREAKFAST	✓	✓	✓		
GIVE PET FOOD AND WATER	✓	✓	✓		
BEFORE YOU LEAVE					
PET WALK/ POTTY BREAK	✓	✓	✓		
I'M BACK FROM SCHOOL	✓	✓	✓		
PET POTTY WALK/CHECK LITTER	✓	✓	✓		
PET DINNER	✓	✓	✓		
GIVE PET FOOD & WATER	✓	✓	✓		
POTTY BREAK WHEN HOME	✓	✓	✓		
PLAYTIME	✓	✓	✓		
AT LEAST 15-30 MINUTES	✓	✓	✓		
BEOTIME WALK	✓	✓	✓		
PET POTTY BREAK BEFORE BED	✓	✓	✓		
BATH TIME		✓			
ONE A MONTH OR AS NEEDED					

Dogs usually go outside to potty and play. In the summer, they need shade, and in winter, a warm spot out of the rain or snow. Remember, if it's too hot or cold outside for you, it's also too hot or cold for them.



A dog should never live outside tied to a chain. It can hurt their back and neck. Pets outside might get forgotten and they sometimes do not get fed, watered, or loved enough. Make sure your pet is always cared for.



## Exercise

Cats love toys and climbing, while dogs enjoy walks, fetch, and playing in the yard.

Dogs and cats should always wear a collar with your parent's phone number.



If they ever get lost, the collar can help them find their way back home to you!



## POTTY BREAKS FOR DOGS

- First thing in morning
- After every meal
- Before you leave
- When you get home
- Right before bed

And anytime they act like they need to go!



## POTTY BREAKS-

Cats use a litter box for potty breaks inside, which should be cleaned daily.

Dogs need walks or puppy pads for potty breaks, and they will need your help finding the right potty spot. A few accidents will happen, but with patience and love, they'll learn good potty habits.

Take time every day to gently pet and play with your pet. Never poke, hit, yell at, or hurt them. We want our pet to feel loved and safe, just like we do in our home.



# Make a difference and be a Pet Hero

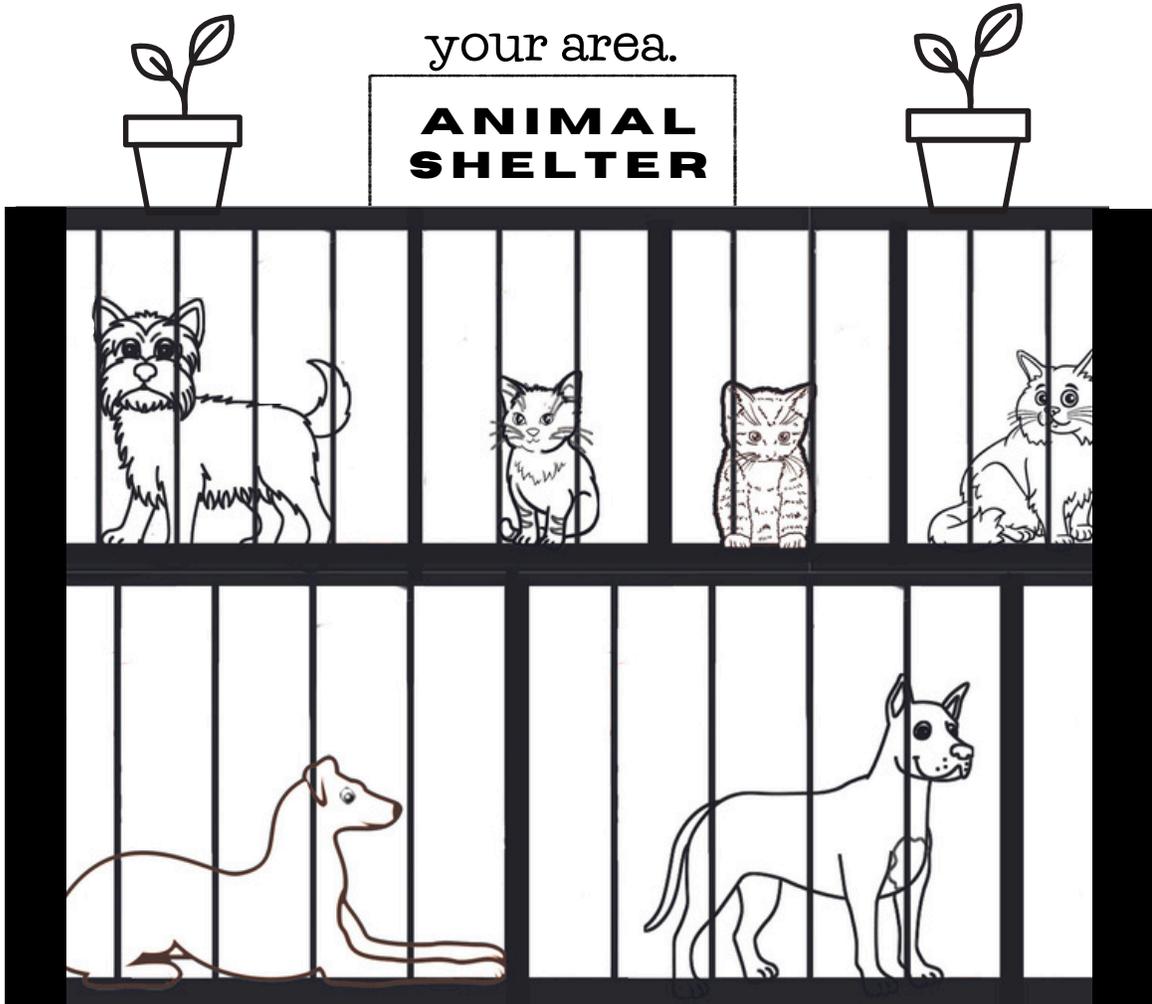


To be a pet hero, have your pet spayed or neutered. There are too many dogs and cats without homes, this is called pet overpopulation

By spaying or neutering your pet, you can help make a better future for them and all animals in

your area.

**ANIMAL  
SHELTER**



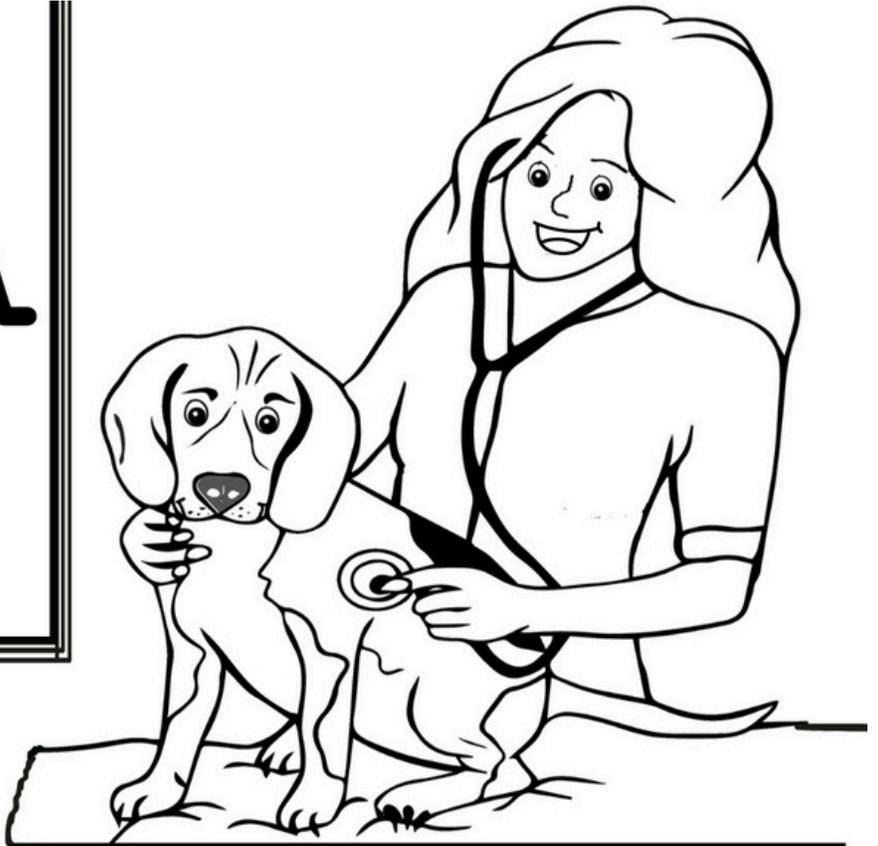
# SPAY/NEUTER-WHAT IS IT?

A spay or neuter is a quick surgery by an animal doctor (veterinarian) to prevent dogs and cats from having unwanted litters of puppies or kittens. Males are neutered and females are spayed.

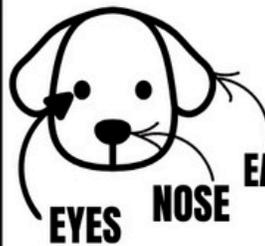


Your pet sleeps through the surgery and may feel a little sore right after but they'll quickly feel better in a day or two. By doing this, you help keep your pet healthy and give homeless dogs and cats a better chance at finding a forever home.

Great Job, Pet Hero!



## VET CHECKLIST



EYES

NOSE

EARS



TAIL



PAWS



HEART



SHOTS



MEDICINE



SICK



HURT

ARE THEY-

When you get a pet, they need to visit the Veterinarian's (Vet's) office. The Vet will check their eyes, ears, mouth, nose, paws, listen to their heart and give them the medicine or shots they need to stay healthy. Your pet should also go see the Vet if they are sick or if they are hurt.

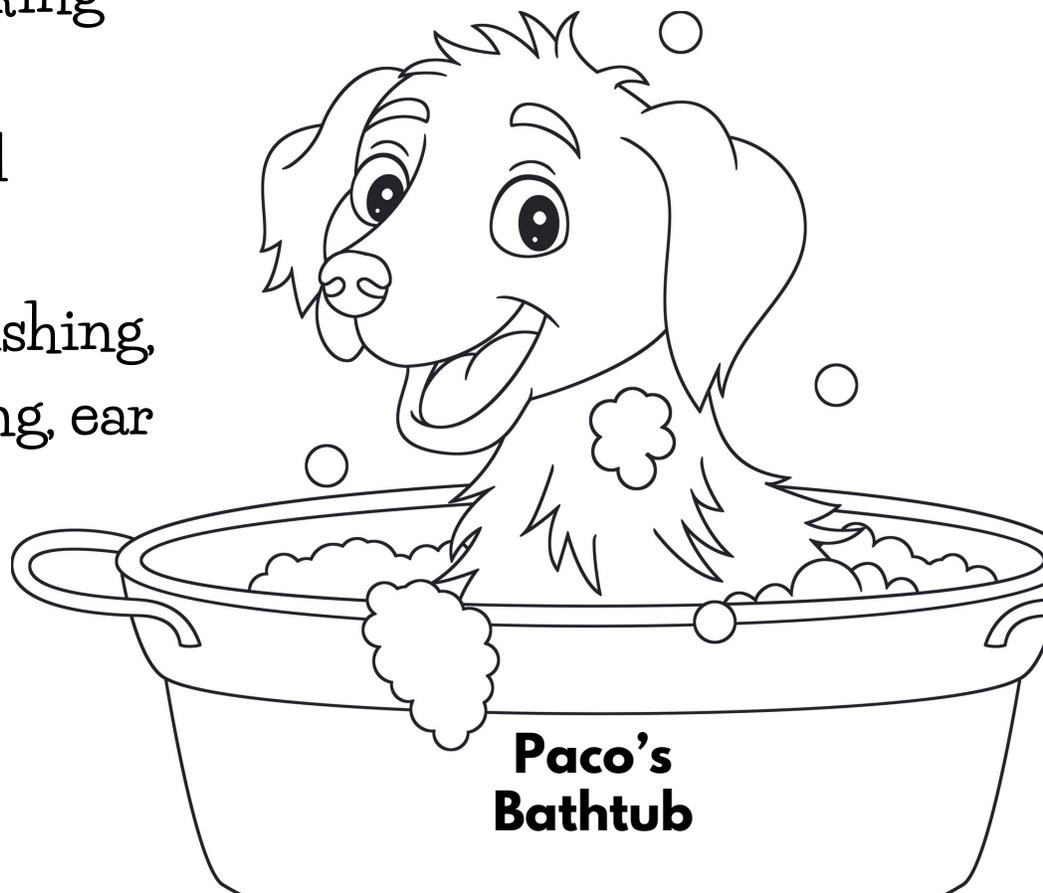
## GROOMING YOUR PET



- Consider taking them to a professional groomer for bathing, brushing, nail trimming, ear cleaning, and even a haircut, if needed.

Remember to brush and bathe your pet when needed. Dogs will need this more than cats as cats usually clean themselves.

- Use pet-specific shampoo carefully, avoiding their eyes and ears.
- Keep their nails trimmed. This can be done by a parent, Vet, or professional groomer.



**Paco's  
Bathtub**

## Ways that you can help animals

Talk to your teacher about your classroom collecting toys, blankets, or food for a local shelter or rescue.

Talk with friends and family about how to take care of pets and treat them with love.

If you see an animal being mistreated, tell a trusted adult like your parent or a teacher. They can look in the back of this book for who to contact.



And of course, you can adopt a pet from a local animal rescue or shelter!

Now that you know some of the basics of pet care, let's see what you remember.

Circle the 8 items a dog needs.

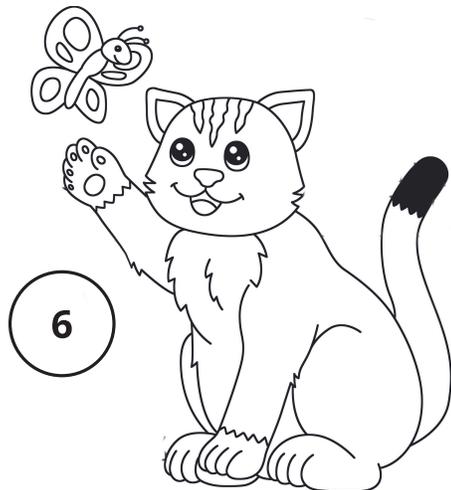
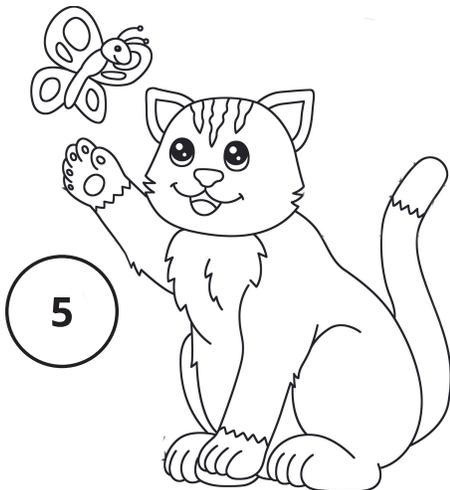
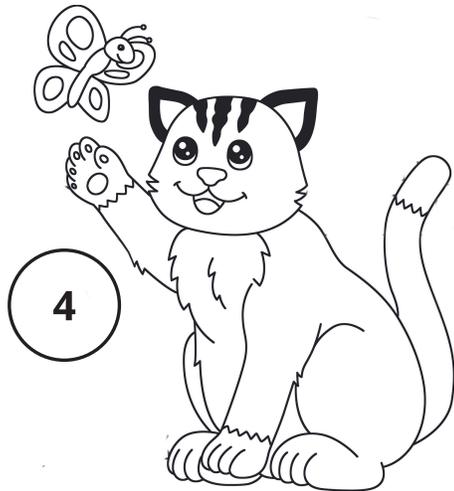
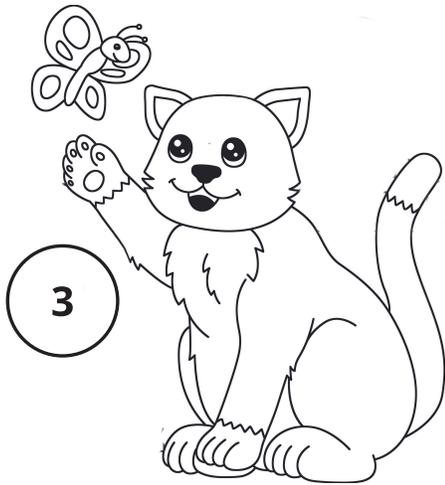
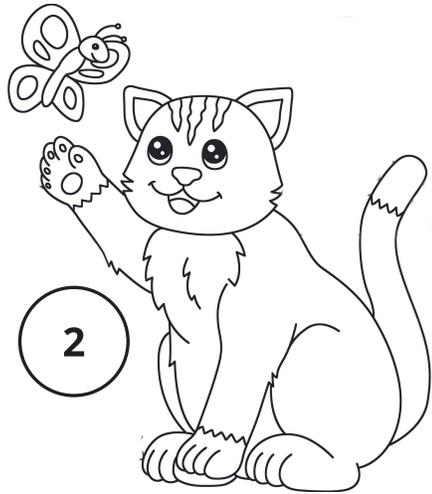
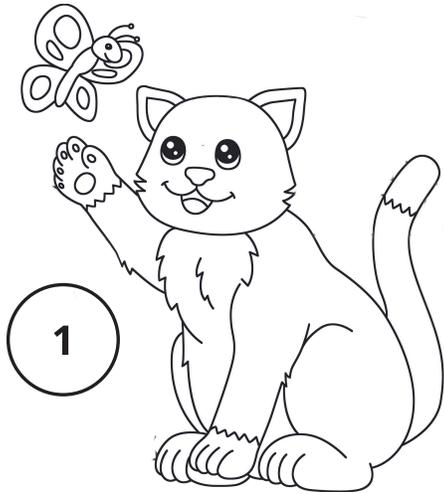


Circle the 8 items a cat needs.



DOG-food/water, toys, shelter, potty spot, bath, Vet, collar  
 CAT-food/water, cat toy, brush, love, litter box, bed, Vet, collar

# FIND AND CIRCLE THE TWO CATS THAT MATCH

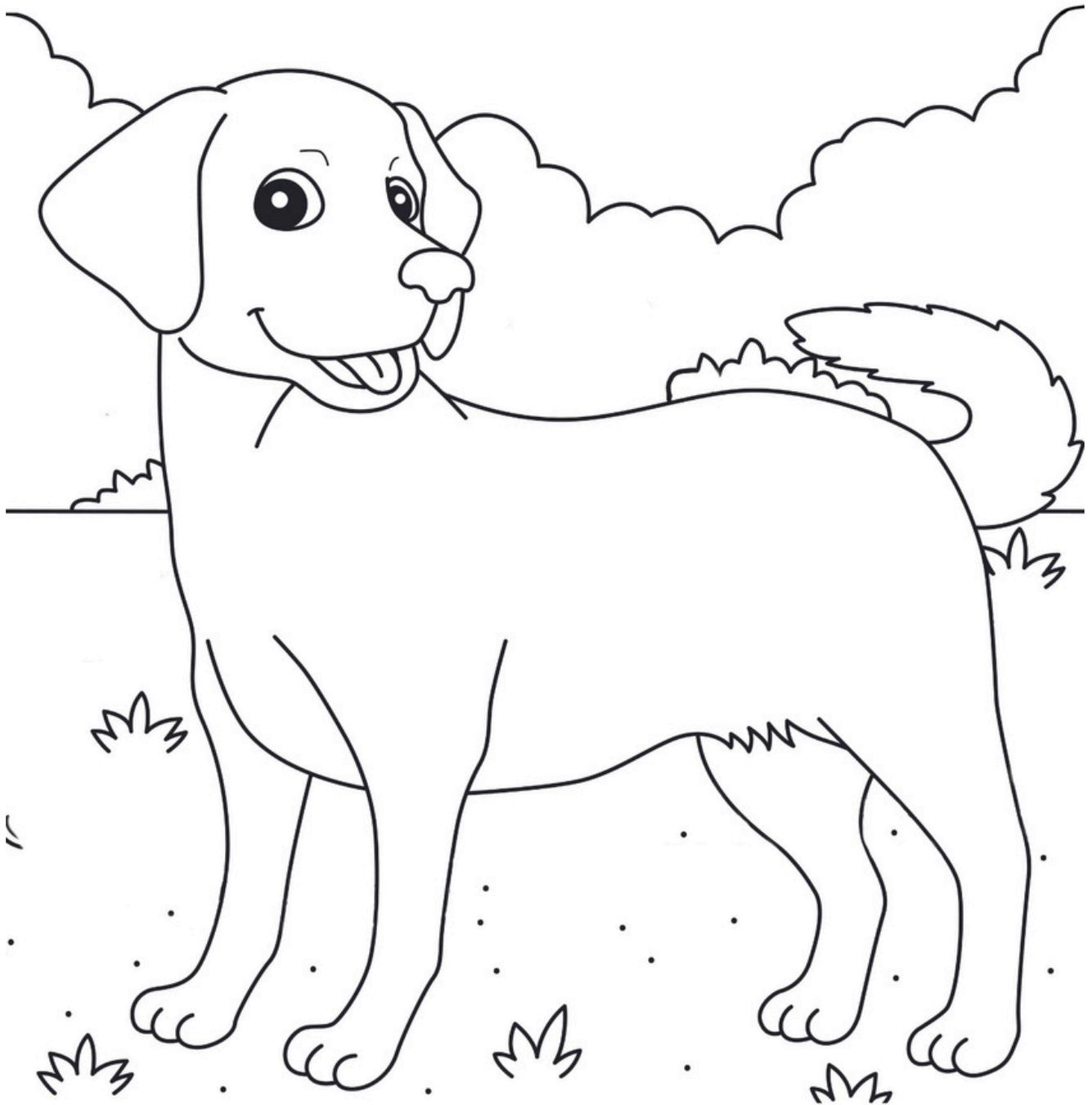


Answer on next page

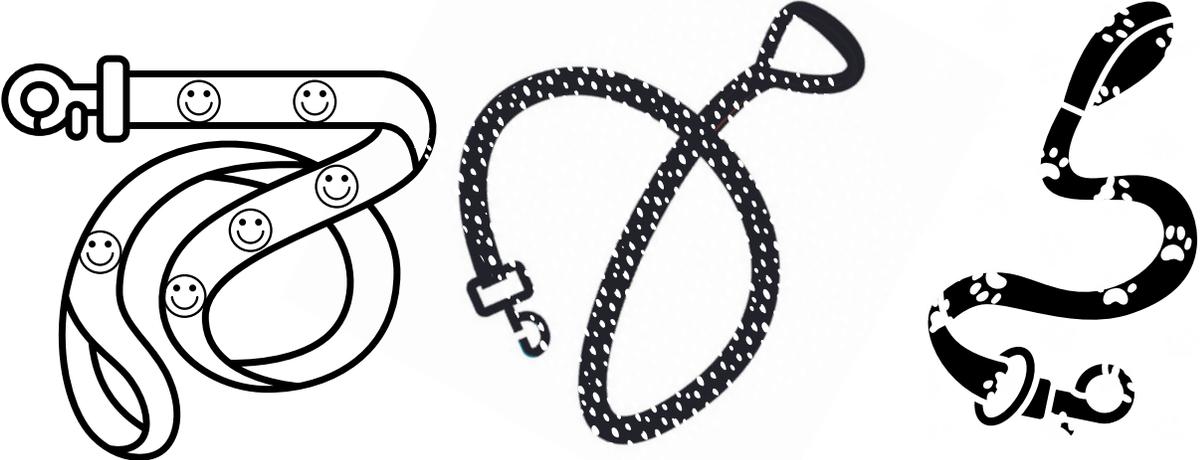


This sweet girl is named Ginger.  
Ginger loves to go outside and play  
with her family.

Do you like to play outside too?

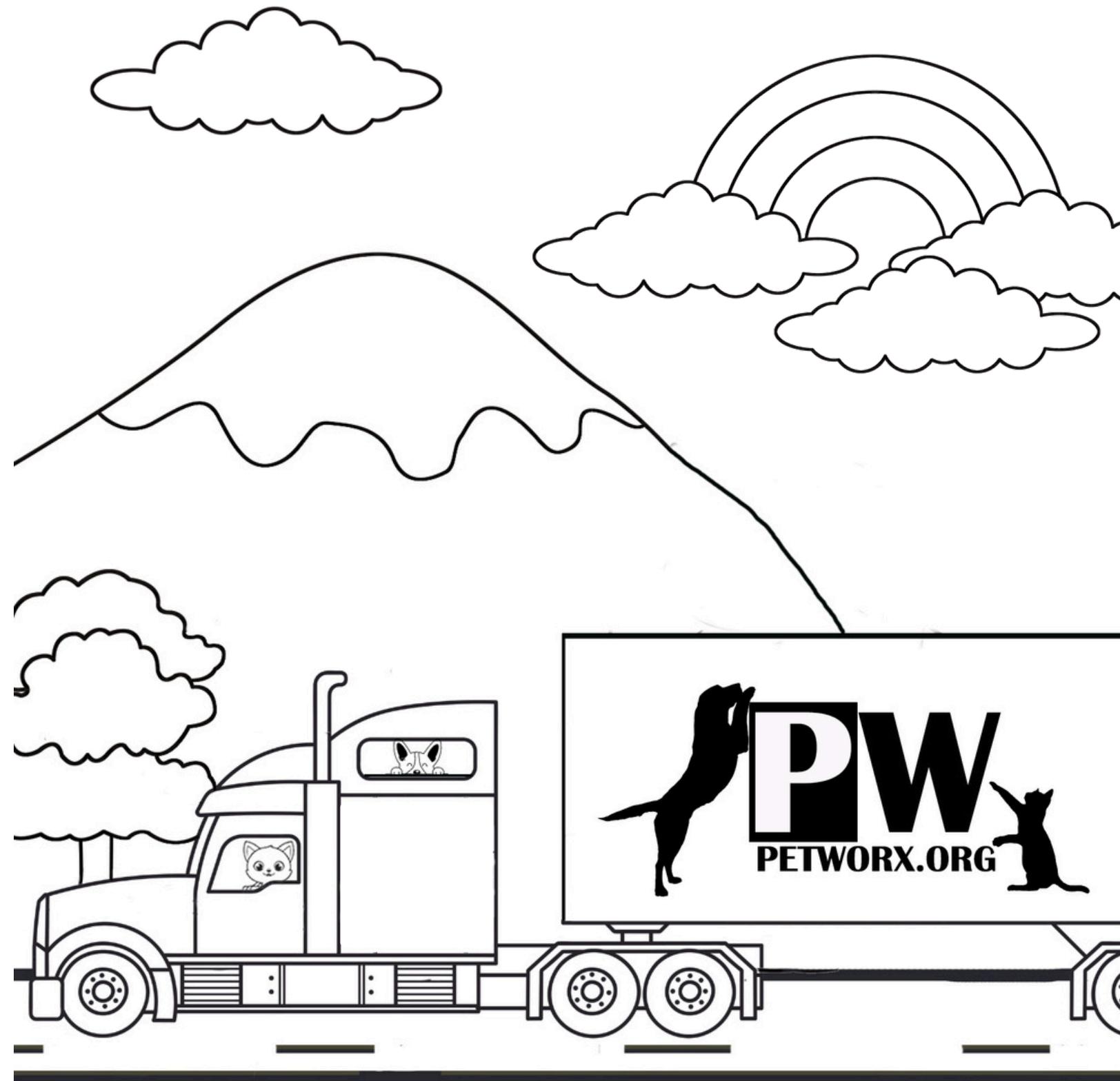


Junie Bug wants to go on a walk so she will need a leash. Which one should she should use?



# CONNECT THE DOTS





**GREAT DOGS AND CATS ARE WAITING TO BE ADOPTED AT  
YOUR LOCAL ANIMAL RESCUE AND ANIMAL SHELTER!  
WHEN YOU ARE READY TO ADOPT,  
HIT THE ROAD AND GO MEET THEM!**



### MY PET IS LOST /I FOUND A LOST PET-

Contact your local animal shelter or rescue group if your pet is missing or if you find a lost pet.

Pictures can be helpful to identify a missing pet or to share the pet you have found. You should also let them know if the found animal is sick or hurt.

If your pet is lost, it is helpful to let the shelter or rescue know if your pet is on any needed medications. You can also put posters in your area or post pictures to local social media pages.

### MEDICAL EMERGENCY-HAVE VET'S INFO NEARBY

Put your regular vet's number and emergency after-hours vet number on your cell phone and on your refrigerator. This will make it easy to find quickly in case of an emergency.

### IF I SEE AN ANIMAL BEING MISTREATED OR NEGLECTED-

Contact your local animal shelter or local law enforcement.

### OTHER HELPFUL INFORMATION-

\*Vaccination charts for dogs and cats as well as other valuable information can be found at [Petworx.org](http://Petworx.org).

\*All pets, especially ones that live outside, should be given heartworm prevention and protected against fleas, ticks, and flies.



# DAILY PET CARE CHECK LIST

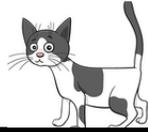
VETERINARIAN NAME- \_\_\_\_\_

TELEPHONE NUMBER- \_\_\_\_\_

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>TODAY I NEED TO</b>							
WAKE UP: WALK PET POTTY BREAK/CHECK LITTER							
PET BREAKFAST GIVE PET FOOD AND WATER							
BEFORE YOU LEAVE PET WALK/ POTTY BREAK							
I'M BACK FROM SCHOOL PET POTTY WALK/CHECK LITTER							
PET DINNER GIVE PET FOOD & WATER POTTY BREAK WHEN DONE							
PLAYTIME AT LEAST 15-30 MINUTES							
BEDTIME WALK PET POTTY BREAK BEFORE BED							
BATH TIME ONE A MONTH OR AS NEEDED							







## **TAKE THE PET HERO PLEDGE**

I WILL DO MY BEST TO TREAT MY PET AS FAMILY.

I WILL MAKE SURE THAT MY PET HAS FOOD, WATER,  
DRY SHELTER, EXERCISE AND LOVE EVERY DAY.

I WILL BE PATIENT WITH MY PET. I WILL NOT HIT OR  
YELL AT THEM. I WANT MY PET TO ALWAYS FEEL SAFE  
WITH ME.

I WILL MAKE SURE MY PET GOES TO THE VET AND THAT  
I ALWAYS TRY TO KEEP THEM HEALTHY.

I KNOW THAT A PET IS BIG RESPONSIBILITY AND I WILL  
KEEP THEM FOR THEIR WHOLE LIFE. I WILL NOT TAKE  
THEM TO A SHELTER WHEN I MOVE OR WHEN THEY  
GET OLD.

I KNOW THAT MY PET LOVES ME AND DEPENDS ON ME  
FOR EVERYTHING SO I WILL TRY TO MAKE SURE MY PET  
HAS THE BEST LIFE POSSIBLE.

I WILL TALK TO OTHERS ABOUT BEING KIND TO  
ANIMALS BECAUSE I AM A PET HERO TODAY,  
TOMORROW, AND ALWAYS.



## **A HUGE THANK YOU TO OUR SPONSORS**

